# NATIONAL ARBITRATION FORUM 

P. O. Box 50191

Minneapolis, Minnesota 55405

| Brahma Kumaris World Spiritual Organization ) |  |  |
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Complaint In Accordance With
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## Exhibit 0

(Part 2 of 2)

recovery，and practical suggestions．
French documentation of sects［48 clicks］［－＞Favourites］
L＇Unadfi，centre d＇accueil，d＇étude et de documentation sur les mouvements sectaires a été fondée en 1982 et est reconnue d＇Utilité Publique depuis 1996.
Hartford Institute［56 clicks］［－＞Favourites］
Many religious sites on the web deal with what are commonly called＂cults．＂There are many misconceptions about these religious communities and the dynamics of joining and leaving such groups．Several sociologists of religion have very good sites and articles devoted to educating the public about new religious movements．This section contains links to what we consider to be the best of these sites．
znfo－Sectes France［46 clicks］［－＞Favourites］
Information on cults and sects including French government list．
Joy of Sects［60 clicks］［－＞Favourites］
The earth＇s spiritual traditions are a rich repository of wisdom，practical advice，and healing knowledge，as well as art，music，and mystery．This site is a place to explore all those dimensions，ask questions，and engage in dialogue．
Modtation Station USA［23 clicks］［－＞Favourites］
Meditation Station feel that one of the main reasons we have incarnated is to grow in consciousness and one of the most important things we can do in life is to share those things that have helped us evolve in consciousness．
Ontario Consultants on Religious Tolerance［24 clicks］［－＞Favourites］ a multi－faith group consisting of one Atheist，Agnostic，Christian，Wiccan and Zen Buddhist．The OCRT staff lack agreement on almost all theological matters：belief in a supreme being，the nature of God，interpretation of the Bible and other holy texts， whether life after death exists and what form it takes
Praven Sectes［44 clicks］［－＞Favourites］
Prevent sectes－French
thre Sineace［23 clicks］［－＞Favourites］
Mark McCloskey non－BK experience of silence spoken word recordings．
Religion News［57 clicks］［－＞Favourites］
Religion news about religious cults，sects，world religions，and related issues
Fotigion Hews Blog［0 clicks］［－＞Favourites］
Religion News Blog（RNB）provides religion researchers with expert－selected news items about world religions，religious movements，cults，sects，and related issues．
Relintose Tolerance［59 clicks］［－＞Favourites］
Religious tolerance means to extend religious freedom to people of all religious traditions，even though you may disagree with their beliefs and／or practices．
Sn＇t ${ }^{\circ}$ al Competency Resource Center［3 clicks］［－＞Favourites］
The Spiritual Competency Resource Center provides access to online resources that enhance the cultural sensitivity of mental health professionals．Spirituality is now accepted as an important component of cultural competence for mental health professionals．
fronetng the Gurus［60 clicks］［－＞Favourites］
Armed with wit，insight，and truly astonishing research，Geoffrey Falk utterly demolishes the notion of the enlightened guru who can lead devotees to nirvana．This entertaining and yet deadly serious book should be read by everyone pursuing or thinking of pursuing the path of guru devotion．
Tell it Otesn Tell it Well［27 clicks］［－＞Favourites］
Mark McCloskey non－BK experience of silence book．

The Association of Religion Data Archives［24 clicks］［－＞Favourites］
The Association of Religion Data Archives（ARDA）strives to democratize access to the best data on religion．Founded as the American Religion Data Archive in 1997 and going online in 1998，the initial archive was targeted at researchers interested in American religion．The targeted audience and the data collection have both greatly expanded since 1998，now including American and international collections and developing features for educators，journalists，religious congregations，and researchers．Data included in the ARDA are submitted by the foremost religion scholars and research centers in the world．Currently housed in the Social Science Research Institute at the Pennsylvania State University，the ARDA is funded by the Lilly Endowment，the John Templeton Foundation，and the Pennsylvania State University．
The Religious Movements Homepage Project，Uni．of Virginia［56 clicks］［－ ＞Favourites］

On this extensive Web site you will find detailed profiles of more than two hundred different religious groups and movements．Some of them may be very familiar to you， others not．In addition，there are other valuable resources，including information on ＂cult＂controversies，essays by respected scholars，and teaching resources on which interested visitors are invited to draw．
University for Spirit Forum［34 clicks］［－＞Favourites］
BKWSU Associates（both organisations and individuals）participate fully in the Forum through an annual Round Table，email exchange and working on various task groups．
WESTERN PSYCHIATRISTS APOLOGIZE TO HINDU PEERS［62 clicks］［－ ＞Favourites］

A web archive of a news story regarding the controversial interpretation and condemnation as cults of the American Psychiatric Association towards general Hindu beliefs．

## General psychology

British Holistic Medical Association［37 clicks］［－＞Favourites］
The BHMA was formed in 1983 by a group of medical doctors and students as an organisation for professionals and members of the public who wanted to adopt a more holistic approach in their own life and work．Twenty years on，the Association is just as determined to play a major role in ensuring that a whole person approach is central to the effective practice of healthcare．To achieve our core purpose，the Association will reach out to decision makers and those working in healthcare to demonstrate the added value that holistic practice brings to patients and practitioners alike．Through a significant nationwide membership of influential and like－minded individuals there is no doubt that the BHMA can help to shape the future of healthcare in the UK．We have， therefore，developed a programme of activity that is designed to enable the dissemination of information，and to create opportunities for people with an interest in whole person care to share their experiences and ideas．Trustee BK Dr Sarah Eagger．
Cult apologist FAQ［66 clicks］［－＞Favourites］
exposing the cult＇s willing defenders＂In the last few years I had a look at cults and cult members；recently I had a look at the species of the＂cult apologist＂．This is a work in progress to expose the＂arguments＂，and investigate what drives these unpleasant people．＂

Cult Info Books［63 clicks］［－＞Favourites］
Information on cults，psychological manipulation，psychological abuse，spiritual abuse，brainwashing，mind control，thought reform，abusive churches，extremism， totalistic groups，authoritarian groups，new religious movements，exit counseling， recovery，and practical suggestions．

Cult News－Rick Ross［59 clicks］［－＞Favourites］
This news page is about groups，organizations or movements，which may have been called＂cults＂and／or＂cult－like＂in some way，shape or form．But not all groups called
either "cults" or "cult-like" are harmful. Instead, they may be benign and generally defined as simply people intensely devoted to a person, place or thing. Therefore, the discussion or mention of a group, organization or person on this page, is not necessarily meant pejoratively.
Cultic Studies Review [58 clicks] [->Favourites]
Cultic Studies Review Magazine by The International Cultic Studies Association (ICSA), an interdisciplinary network of academicians, professionals, former group members, and families who study and educate the public about social-psychological influence and control, authoritarianism, and zealotry in cultic groups, alternative movements, and other environments.

Freedom of Mind [60 clicks] [->Favourites]
This site is dedicated to respect for human rights, spirituality, and consumer awareness. We endeavor to be a safe and responsible place where you can turn to for resources, news and information about destructive cults, and mind control techniques, as well as learn how to help yourself and others. Steven Alan Hassan is an expert on destructive mind control issues. He offers a unique method of specialized counseling, called the Strategic Interaction Approach (SIA), which is better than either exit counseling or deprogramming as a way to help people who are negatively impacted by cult involvement.

Raja Yoga taught at Royal College of Psychiatrists [40 clicks] [->Favourites]
Newsletter No. 5; " Sitting comfortably I begin to observe my mind. I can see many thoughts coming into my mind: thoughts about the day, thoughts of other people, and thoughts about my own activity. Now I begin to step back from these thoughts and watch them. I then choose to let these thoughts go. Each one is not important to me at the moment - they are just passing through. Gradually they slow down. My mind begins to be quiet. The quiet spaces between each thought grow. I become more aware of the silence that there is before a thought even begins. In this silence I begin to experience a deep sense of peace. Peaceful thoughts and peaceful feelings come into my mind. I am aware that I am peaceful energy, a peaceful being. As I focus on myself I begin to feel very relaxed and light. I am just flowing peaceful energy. I am very still... floating away...like a tiny star in a sea of peace. Waves of peace wash over me and through me... I feel I have reached a very quiet and still place, the home of the mind. This place is like a beautiful silent room where I can just slow down, be myself and be free. This is a very special room because it has no walls, or ceiling or floor ... it is just light and peace. This is my home where there is no fear, just peace. As I feel comfortable here in silence, I may become aware of another presence. This is a very benevolent, loving presence that is filling me with beautiful good feelings and refreshing my tired old thoughts. I come to know this supreme energy as my friend, a constant source in an ever-changing world."
Royal College of Pscychiatry Spiritualist Interest Group [36 clicks] [>Favourites]

The Special Interest Group was set up in 1999 to provide a forum for psychiatrists to explore the influence of the major religions, which shape the cultural values and aspirations of psychiatrist and patient alike. The spiritual aspirations of persons not identifying with any one particular faith are held to be of no less importance, as well as the viewpoint of those who hold that spirituality is independent of religion. The meetings are designed to enable colleagues to investigate and share without fear of censure the relevance of spirituality to clinical practice. The Special Interest Group aims to contribute a framework of ideas of general interest to the College, stimulating discussion and promoting an integrative approach to mental health care. For patients, there is the need to help the service user feel supported in being able to bring spiritual concerns to the fore.

Society for Organizational Learning [37 clicks] [->Favourites]
Dr. Peter M. Senge is the founding chairperson of SoL and a senior lecturer at the Massachusetts Institute of Technology. Dr. Senge is the author of The Fifth Discipline: the Art and Practice of the Learning Organization. He has lectured extensively throughout the world, translating the abstract ideas of systems theory into tools for better understanding of economic and organizational change. He has worked with
leaders in business, education, health care and government. The Journal of Business Strategy (September/October 1999) named Dr. Senge as one of the 24 people who had the greatest influence on business strategy over the last 100 years. Lectures with Brian Bacon and Senior Sisters

Spiritual Crisis Network [1 clicks] [->Favourites]
A spiritual crisis can be described as a turbulent period of spiritual opening and transformation. Spiritual crisis is also referred to as spiritual emergency, where a process of spiritual emergence, or awakening, becomes unmanageable for the individual. A person may experience psychological or mental health difficulties. Hence the term psycho-spiritual crisis is also used sometimes. If understood and supported appropriately, these experiences can be deeply transformative, offering the possibility of breakthrough rather than breakdown.

Spirituality and Psychiatry Special Interest Group [34 clicks] [->Favourites]
Royal College of Psychiatrists group chaired by BK Dr Sarah Anne Eagger which then supports another BK Front called The Janki Foundation the "important educational initiative" called 'Values in Healthcare'.

Thought Reform and the Psychology of Totalism [67 clicks] [->Favourites]
The Demand for Purity In the thought reform milieu, as in all situations of ideological totalism, the experiential world is sharply divided into the pure and the impure, into the absolutely good and the absolutely evil. The good and the pure are of course those ideas, feelings, and actions which are consistent with the totalist ideology and policy; anything else is apt to be relegated to the bad and the impure. Nothing human is immune from the flood of stern moral judgments. All "taints" and "poisons" which contribute to the existing state of impurity must be searched out and eliminated. By Robert Jay Lifton, M.D.

University for Spirit Forum [34 clicks] [->Favourites]
BKWSU Associates (both organisations and individuals) participate fully in the Forum through an annual Round Table, email exchange and working on various task groups.
University of Harvard Positive Psychology Leactures [28 clicks] [->Favourites]
The course focuses on the psychological aspects of a fulfilling and flourishing life. Topics include happiness, self-esteem, empathy, friendship, love, achievement, creativity, music, spirituality, and humor.

WESTERN PSYCHIATRISTS APOLOGIZE TO HINDU PEERS [24 clicks] [>Favourites]

A web archive of a news story regarding the controversial interpretation and condemnation as cults of the American Psychiatric Association towards general Hindu beliefs.

WESTERN PSYCHIATRISTS APOLOGIZE TO HINDU PEERS [62 clicks] [>Favourites]

A web archive of a news story regarding the controversial interpretation and condemnation as cults of the American Psychiatric Association towards general Hindu beliefs.

## Recovery

12 Step [36 clicks] [->Favourites]
The 12 step.org website is about 12 Step programs, which have been widely used in programs of recovery from addictive or dysfunctional behaviors. The first 12 step program began with Alcoholics Anonymous (A.A.) in the 1930s. The 12 Step approach has gone on to be the most widely used and successful approach in dealing with not only alcoholism, but drug abuse and also various other addictive or dysfunctional behaviors. This web site has no official affiliation with A.A. or any other 12 Step group. We strive only to act as another source for information and tools concerning 12 Step programs.

Bill and Lorna Goldberg [20 clicks] [->Favourites]
Clinical Social Workers specializing since 1976 in working with people involved in cults and destructive groups, they recognize the harm that these groups do to the individuals involved, as well as to their families. They believe that as a result of the cult's use of deception in the recruitment process, a former cult member usually is cautious about turning to strangers for help and understand the natural tendency to be wary after such an experience.

British Holistic Medical Association [37 clicks] [->Favourites]
The BHMA was formed in 1983 by a group of medical doctors and students as an organisation for professionals and members of the public who wanted to adopt a more holistic approach in their own life and work. Twenty years on, the Association is just as determined to play a major role in ensuring that a whole person approach is central to the effective practice of healthcare. To achieve our core purpose, the Association will reach out to decision makers and those working in healthcare to demonstrate the added value that holistic practice brings to patients and practitioners alike. Through a significant nationwide membership of influential and like-minded individuals there is no doubt that the BHMA can help to shape the future of healthcare in the UK. We have, therefore, developed a programme of activity that is designed to enable the dissemination of information, and to create opportunities for people with an interest in whole person care to share their experiences and ideas. Trustee BK Dr Sarah Eagger.
Carol Giambalvo's Cult Information \& Recovery [71 clicks] [->Favourites]
Carol Giambalvo's interest in cults and thought reform began in 1978 when her step-daughter began exhibiting a drastic personality change following becoming a devotee in ISKCON. She began researching cults and thought reform and lectured in local high schools, churches and civic organizations. The more information she gathered on the indoctrination processes and thought reform used in cults, the more concerns arose about her involvement in est and The Hunger Project. In 1983, she and her husband, Noel, left their associations with est, The Hunger Project and Sterling Institute and began a personal search for information to aid their recovery process. Since 1984, Carol has done exit counseling and writing in the field, as well as serving as director with several organization's boards, organizing and conducting recovery workshops and working with hundreds of people who have walked away from destructive cults.

Cult Awareness \& Information Centre - Recovery [23 clicks] [->Favourites]
There is bound to be information you will not agree with, however it is our conviction that the public should have access to alternative information before deciding whether to participate in any particular group. If they want to know what your group teaches they can ask you directly.
Cult Info Books [63 clicks] [->Favourites]
Information on cults, psychological manipulation, psychological abuse, spiritual abuse, brainwashing, mind control, thought reform, abusive churches, extremism, totalistic groups, authoritarian groups, new religious movements, exit counseling, recovery, and practical suggestions.

Cult Recover Colorado [20 clicks] [->Favourites]
Helps people evaluate harm in cultic groups, relationships, and potentially abusive organizations, especially those disguised as churches. Understanding how destructive cults gradually and deceptively evolve helps create viable strategies for protection, departure and recovery. She focuses on education about how cults operate, and the highly manipulative environments where mind control occurs. She listens, takes their concerns seriously, and helps them find a safe place to re-evaluate their involvement.

Cultinfo.org.au [51 clicks] [->Favourites]
We don't intend to re-invent the enormous amount of work done by others - we just want to give our callers a jumping off point for their own research. A link to any of these pages does not imply we endorse or agree with them. Do your own research! Form your own opinions

Dos and Don'ts [52 clicks] [->Favourites]
Some advice for those with loved ones involved in a religious cult.
Ex-Cult Resource Center [58 clicks] [->Favourites]
Particular "cult" groups are named here solely because criticism of their practices has been brought to the attention of the site sponsor, and inclusion does not indicate endorsement of that criticism. Readers are invited to examine the available evidence and form their own opinions about these organizations.
Ex-Site [Swiss in German] [55 clicks] [->Favourites]
Sekten \& Neue Religionen. info- und kontaktsite von und für aussteiger \& «suchende». Das forum bietet dir die möglichkeit, dich mit eigenen beiträgen einzuklinken.

Family - Action - Information - Resource [50 clicks] [->Favourites]
F.A.I.R. has had 30 years experience offering advice and support to the families and friends of cult victims. Whether you would like information or would just like to talk, call: T: 01642898412

Freedom of Mind [60 clicks] [->Favourites].
This site is dedicated to respect for human rights, spirituality, and consumer awareness. We endeavor to be a safe and responsible place where you can turn to for resources, news and information about destructive cults, and mind control techniques, as well as learn how to help yourself and others. Steven Alan Hassan is an expert on destructive mind control issues. He offers a unique method of specialized counseling, called the Strategic Interaction Approach (SIA), which is better than either exit counseling or deprogramming as a way to help people who are negatively impacted by cult involvement.

FWBO Files - Culture of Cults [52 clicks] [->Favourites]
Religious organisations and movements are free to practice their religion as they choose, subject to the laws of the land. In practice, this means that cults, in promoting their religious beliefs and gaining adherents, are free to use deception, misrepresentation, psychological coercion or any other techniques which do not leave physical traces and are difficult to prove in a court of law. Initially using conventional marketing techniques, cults promote their particular belief systems. The trick is that through influencing a person's beliefs, it is possible to influence or indirectly control a person's mind. The actual controlling of mind is done by the person themselves, as they attempt to train and discipline their mind in accordance with the tenets of their new belief system. It is the belief system itself which is the primary active agent in cult mind control. Cult belief systems differ from conventional belief systems in a number of subtle but significant ways, which may not be apparent to an outsider. To understand the nature of these differences is to understand the nature of a cult.

Hartford Institute [56 clicks] [->Favourites]
Many religious sites on the web deal with what are commonly called "cults." There are many misconceptions about these religious communities and the dynamics of joining and leaving such groups. Several sociologists of religion have very good sites and articles devoted to educating the public about new religious movements. This section contains links to what we consider to be the best of these sites.

Independent Reachout Trust article [56 clicks] [->Favourites]
WHY DO PEOPLE JOIN AND WHY IS IT HARD TO LEAVE? People join usually out of curiosity, and lured by claims to provide methods of Yoga, meditation for peace of mind, and general wellbeing. Why is it difficult to leave? First, it must be said that many do leave quite quickly and easily because it does not fit the 'yoga and candles' type of image they may have expected. There is too much study for many, but a longterm student may find it hard to shake off or replace the belief system - it is very convincing. A student believes that to abandon the system will ensure they are trapped in an eternal repeating life cycle of misery and hardship. All other faiths will have been discredited. Hobbies and general interests may have been lost, relationships may have been lost or badly damaged. The student is likely to feel he/she knows a deep dark
truth about the immediate future, but has no one to confide in, or even take them seriously.
Nity Gritty on Cults. [58 clicks] [->Favourites]
Selfishness is not living as one wishes to live, it is asking others to live as one wishes to live. - Oscar Wilde

Odenwälder Wohnhof [49 clicks] [->Favourites]
The Odenwälder Wohnhof is a home for people who escaped from cults, satanic groups, and psycho groups. People being in trouble can get help in a non-bureaucratic way there. This was made possible as a model project with financial contribution from federal state, country and a private foundation. The Odenwälder Wohnhof had been situated in the middle of the green forest Odenwald between Würzburg, Heilbronn and Heidelberg in a secluded village. In a ten-room house there were six to seven beds ready for emergency cases. Unfortunately, cuts in government funding forced the organization to give up the house. It now houses clients in an apartment. [ English site : http://members.tripod.com/wohnhof/odene/indexe.htm ]
Re-Entry Therapy, Information \& Referral Network [15 clicks] [->Favourites] Since 1983, the Re-Entry Therapy, Information \& Referral Network (RETIRN) has been providing counseling, forensic (legal), consultation, information and referral services to individuals and families adversely affected by high demand groups, manipulative and totalistic social, political, transformational and/or religious movements, such as: destructive cults (e.g., religious, political, therapy, marketing cults). mass therapies (e.g., large group awareness trainings). Satanism/Occultism ("black" magic). certain "New Age" groups that engage in harmful and/or deceptive practices.
reFOCUS [58 clicks] [->Favourites]
reFOCUS is a support and referral network for people who seek healing from adverse affects they're experiencing due to their involvement with a totalist or extremely controlling organization or relationship. Good resource of books and expertise.

## Royal College of Pscychiatry Spiritualist Interest Group [36 clicks] [-

 >Favourites]The Special Interest Group was set up in 1999 to provide a forum for psychiatrists to explore the influence of the major religions, which shape the cultural values and aspirations of psychiatrist and patient alike. The spiritual aspirations of persons not identifying with any one particular faith are held to be of no less importance, as well as the viewpoint of those who hold that spirituality is independent of religion. The meetings are designed to enable colleagues to investigate and share without fear of censure the relevance of spirituality to clinical practice. The Special Interest Group aims to contribute a framework of ideas of general interest to the College, stimulating discussion and promoting an integrative approach to mental health care. For patients, there is the need to help the service user feel supported in being able to bring spiritual concerns to the fore.

Spiritual Competency Resource Center [3 clicks] [->Favourites]
The Spiritual Competency Resource Center provides access to online resources that enhance the cultural sensitivity of mental health professionals. Spirituality is now accepted as an important component of cultural competence for mental health professionals.

Spiritual Crisis Network [1 clicks] [->Favourites]
A spiritual crisis can be described as a turbulent period of spiritual opening and transformation. Spiritual crisis is also referred to as spiritual emergency, where a process of spiritual emergence, or awakening, becomes unmanageable for the individual. A person may experience psychological or mental health difficulties. Hence the term psycho-spiritual crisis is also used sometimes. If understood and supported appropriately, these experiences can be deeply transformative, offering the possibility of breakthrough rather than breakdown.

Stripping the Gurus [60 clicks] [->Favourites]

Armed with wit, insight, and truly astonishing research, Geoffrey Falk utterly demolishes the notion of the enlightened guru who can lead devotees to nirvana. This entertaining and yet deadly serious book should be read by everyone pursuing or thinking of pursuing the path of guru devotion.

The Cult Hotline \& Clinic [57 clicks] [->Favourites]
The Cult Hotline \& Clinic was founded in 1980 to serve families and friends of cult members, former cult members, and to educate community groups most at risk of interaction with cults. We are a nonprofit, non-sectarian counseling and education organization working with people of all religious, ethnic, and racial backgrounds. The Cult Hotline \& Clinic is a program of the Jewish Board of Family and Children's Services, one of the nation's largest and most respected nonprofit mental health and social service agencies. JBFCS serves over 65,000 New Yorkers annually from all religious, ethnic, and economic backgrounds through a comprehensive range of 185 communitybased programs, residential facilities, and day-treatment centers.
The Culture of Cults [4 clicks] [->Favourites]
Cult belief systems differ from conventional belief systems in a number of subtle but significant ways, which may not be apparent to an outsider. To understand the nature of these differences is to understand the nature of a cult.

Thought Reform and the Psychology of Totalism [67 clicks] [->Favourites]
The Demand for Purity In the thought reform milieu, as in all situations of ideological totalism, the experiential world is sharply divided into the pure and the impure, into the absolutely good and the absolutely evil. The good and the pure are of course those ideas, feelings, and actions which are consistent with the totalist ideology and policy; anything else is apt to be relegated to the bad and the impure. Nothing human is immune from the flood of stern moral judgments. All "taints" and "poisons" which contribute to the existing state of impurity must be searched out and eliminated. By Robert Jay Lifton, M.D.
Wellspring Retreat [20 clicks] [->Favourites]
Wellspring is a fully accredited residential counseling center specializing in the treatment of individuals who have suffered in abusive religious groups, organizations, and cults. Our program is also especially effective for those who have been in coercive relationships as well as those who have experienced professional abuse and/or sexual exploitation from therapists, doctors, clergy, and teachers. We are best known for our intensive two-week, residential program of counseling, education, and care
WHAT TO DO IF A FRIEND OR LOVED-ONE JOINS A CULT [51 clicks] [$>$ Favourites]

This material is a summary of personal conversations with three exit-counsellors. It is a FAQ in that it answers a question that myself and many openly anti-cult people are frequently asked: "I am worried about a work colleague/friend/parent/child who is showing interest/deeply involved in an organisation which I think is a cult. What can I do?" Some of the advice here is relevant to dissuading someone who is just becoming involved. Some of it is relevant if you know someone who is deeply involved. Mostly, the focus is on gentle dissuasion: when someone is involved very deeply with a cult, there is no substitute for an experienced exit-counsellor.
Cults \& NRMs

| Apologetics Index [61 clicks] [->Favourites] |
| :--- |
| Apologetics Research Resources on religious movements, cults, sects, world religions |
| and related issues |
|  |
| Apostates and New Religious Movements [50 clicks] [->Favourites] |
| Bryan Wilson has conducted studies of Scientology, Christianity and many other |
| beliefs throughout the years. Wilson chooses Scientology as an example of a new |
| religion and makes a comparison of it to Christian tradition. He accuses western society |
| of having a Christian based culture, intolerant of non-Christian faiths like Scientology. |

http://brahmakumaris.info/bb/links.php?c=all

Scientology is not Christian and holds that spiritual benefits may be realized in the present life.

Bureau de Documentation sur les Sectes et les Religions [45 clicks] [-
$>$ Favourites]
Bureau de Documentation sur les Sectes et les Religions - in French
Carol Giambalvo's Cult Information \& Recovery [71 clicks] [->Favourites]
Carol Giambalvo's interest in cults and thought reform began in 1978 when her step-daughter began exhibiting a drastic personality change following becoming a devotee in ISKCON. She began researching cults and thought reform and lectured in local high schools, churches and civic organizations. The more information she gathered on the indoctrination processes and thought reform used in cults, the more concerns arose about her involvement in est and The Hunger Project. In 1983, she and her husband, Noel, left their associations with est, The Hunger Project and Sterling Institute and began a personal search for information to aid their recovery process. Since 1984, Carol has done exit counseling and writing in the field, as well as serving as director with several organization's boards, organizing and conducting recovery workshops and working with hundreds of people who have walked away from destructive cults.

Center of Information and Counseling on New Spiritualities [57 clicks] [>Favourites]

The CICNS is an independent center open to new spiritualities and to everyone seriously wishing to be informed about them. It fills an obvious gap of objective and rigorous information on the question of spirituality in our time. The integration of new expressions of spiritual search represents a challenge for our society. This challenge is at present taken up neither by authorities nor by the public at large. On the contrary, an odious campaign is going on to totally discredit spiritual commitment up to its very roots. The CICNS provides a space for information and counseling to every person and movement concerned with freely awakening, nourishing and promoting spiritual search under all its legal forms. It also works on informing authorities and the public, and presents itself as a reliable partner on the question of today's new spiritualities.
Children and sects France [45 clicks] [->Favourites]
Children and sects France
Cult apologist̃ FAQ [66 clicks] [->Favourites]
exposing the cult's willing defenders "In the last few years I had a look at cults and cult members; recently I had a look at the species of the "cult apologist". This is a work in progress to expose the "arguments", and investigate what drives these unpleasant people."

Cult Awareness \& Information Centre [60 clicks] [->Favourites]
Both Cults \& Isms are listed here. Not every group mentioned on this site is considered a destructive cult. Some are 'benign isms' - different but not emotionally or socially destructive. Even cults vary in their degree of destructiveness. The information about benign groups is provided because we have received more than five inquiries about those groups. There is bound to be information you will not agree with, however it is our conviction that the public should have access to alternative information before deciding whether to participate in any particular group. If they want to know what your group teaches they can ask you directly. Why provide information about cults? A goldfish living in a bowl that is painted black on the outside will never know it lives in a bowl unless someone takes it out and shows it the rest of the world. Mindsets can be like that - locked into a 'thinking box', unable to see outside because the web of beliefs is so all-encompassing

## Cult Info Books [63 clicks] [->Favourites]

Information on cults, psychological manipulation, psychological abuse, spiritual abuse, brainwashing, mind control, thought reform, abusive churches, extremism, totalistic groups, authoritarian groups, new religious movements, exit counseling, recovery, and practical suggestions.

Cult̀ News - Rick Ross [59 clicks] [->Favourites]
This news page is about groups, organizations or movements, which may have been called "cults" and/or "cult-like" in some way, shape or form. But not all groups called either "cults" or "cult-like" are harmful. Instead, they may be benign and generally defined as simply people intensely devoted to a person, place or thing. Therefore, the discussion or mention of a group, organization or person on this page, is not necessarily meant pejoratively.

## CultFAQ [59 clicks] [->Favourites]

Frequently Asked Questions About Cults, Sects, and Related Issues.

## Cultic Studies [51 clicks] [->Favourites]

The International Cultic Studies Association (ICSA) is an interdisciplinary network of academicians, professionals, former group members, and families who study and educate the public about social-psychological influence and control, authoritarianism, and zealotry in cultic groups, alternative movements, and other environments. Founded in 1979 as AFF (American Family Foundation), ICSA took on its current name in late 2004 to better reflect the organization's focus and increasingly international and scholarly dimensions. ICSA is a leading professional organization concerned about cultic groups and psychological manipulation, is known for its professionalism and capacity to respond effectively to families, former and current group members, helping professionals, and scholars
Cultic Studies Review [58 clicks] [->Favourites]
Cultic Studies Review Magazine by The International Cultic Studies Association (ICSA), an interdisciplinary network of academicians, professionals, former group members, and families who study and educate the public about social-psychological influence and control, authoritarianism, and zealotry in cultic groups, alternative movements, and other environments.
Cultinfo.org.au [51 clicks] [->Favourites]
We don't intend to re-invent the enormous amount of work done by others - we just want to give our callers a jumping off point for their own research. A link to any of these pages does not imply we endorse or agree with them. Do your own research! Form your own opinions
Cults in France [44 clicks] [->Favourites]
The Commission first of all sought to appreciate the current extent of the cult phenomenon and, in the light of some of its characteristics as well as its recent evolution, to release the its probable tendencies of development. In spite of the difficulties which it met to define the phenomenon being the subject of its study and to measure it, it appeared to the Commission that it conceals potentialities of expansion which must justify an increased vigilance on behalf of the public authorities
Cults Questions \& Answers [53 clicks] [->Favourites]
Cults Questions \& Answers by Michael D. Langone, Ph.D. The term cult is applied to a wide range of groups. There are historical cults, such as the cult of Isis, non-western cults studied by anthropologists, such as the Melanesian cargo cults, and a host of contemporary cults that have caught the public's attention during the past fifteen years.

Dialog Center [46 clicks] [->Favourites]
What is the Dialog Center? The Dialog Center is the name of a nationwide network, founded as a result of the growth of New Religious Movements (NRMs) in Denmark and elsewhere. The purpose of the Dialog Center is to communicate the Christian faith to people of other beliefs and convictions in a dialog. In relation to the neo-religiosity, our intention is to realize a dialog in confrontation. We believe that these two concepts are inseparable, for a dialog without confrontation may easily turn into a conversation without depth or even into syncretism. On the other hand, confrontation without dialog may easily turn into conflict and arrogant rejection of the views of those we differ from.

Dialogue Ireland [49 clicks] [->Favourites]
DIALOGUE IRELAND - An independent Trust promoting Awareness and
Understanding of New Religious Movements and cultism at the service of the churches, religions and Irish society.
Discovery of New World - Vishnu Party [51 clicks] [->Favourites]
BK/PBK breakaway group Vishnu Party
Dos and Don'ts [52 clicks] [->Favourites]
Some advice for those with loved ones involved in a religious cult.
Ex-Cult Resource Center [58 clicks] [->Favourites]
Particular "cult" groups are named here solely because criticism of their practices has been brought to the attention of the site sponsor, and inclusion does not indicate endorsement of that criticism. Readers are invited to examine the available evidence and form their own opinions about these organizations.

Ex-Site [ Swiss in German ] [55 clicks] [->Favourites]
Sekten \& Neue Religionen. info- und kontaktsite von und für aussteiger \& «suchende». Das forum bietet dir die möglichkeit, dich mit eigenen beiträgen einzuklinken.

Family - Action - Information - Resource [50 clicks] [->Favourites]
F.A.I.R. has had 30 years experience offering advice and support to the families and friends of cult victims. Whether you would like information or would just like to talk, call: T: 01642898412
Fédération Européenne des Centres de Recherche [49 clicks] [->Favourites] FECRIS (European Federation of Centres of Research and Information on Sectarianism) was founded on 30 June 1994 in Paris following the Congress on Sectarianism in Barcelona in 1993. It is a non-commercial association under French law. It declare itself politically, philosophically and religiously neutral as stated in article 2 of its statutes. Its objectives are: Rally representative European associations concerned with contemporary organisations with sectarian and totalitarian characteristics, whether legally constituted or not, whose practices violate the Universal Declaration of Human Rights, the European Convention for the Protection of Human Rights and Fundamental Freedoms, the International Convention on the Rights of the Child, European and national laws. Represent the member associations in their contacts with the European institutions in the framework of their defence of families, individuals and democratic societies against the activities of harmful sectarian organisations. Alert public authorities and international institutions in the event of punishable activities. Participate in the creation of a.European legal area with regard to sectarian issues. Create an international information network. Research and study the legal field of sectarian deviations.

Fight Against Coercive Tactics Network [50 clicks] [->Favourites]
FACTNet is a non-profit organization that defends the most universal and basic freedom --- freedom of mind! Factnet defends freedom of mind from all forms of mind control and unethical influence. Factnet claim to be to psychological coercion, unethical influence and mind control what Amnesty International is to physical coercion and torture.

Freedom of Mind [60 clicks] [->Favourites]
This site is dedicated to respect for human rights, spirituality, and consumer awareness. We endeavor to be a safe and responsible place where you can turn to for resources, news and information about destructive cults, and mind control techniques, as well as learn how to help yourself and others. Steven Alan Hassan is an expert on destructive mind control issues. He offers a unique method of specialized counseling, called the Strategic Interaction Approach (SIA), which is better than either exit counseling or deprogramming as a way to help people who are negatively impacted by cult involvement.

French documentation of sectis [48 clicks] [->Favourites]
L'Unadfi, centre d'accueil, d'étude et de documentation sur les mouvements sectaires a été fondée en 1982 et est reconnue d'Utilité Publique depuis 1996.
FWBO Files - Culture of Cults [52 clicks] [->Favourites]
Religious organisations and movements are free to practice their religion as they choose, subject to the laws of the land. In practice, this means that cults, in promoting their religious beliefs and gaining adherents, are free to use deception, misrepresentation, psychological coercion or any other techniques which do not leave physical traces and are difficult to prove in a court of law. Initially using conventional marketing techniques, cults promote their particular belief systems. The trick is that through influencing a person's beliefs, it is possible to influence or indirectly control a person's mind. The actual controlling of mind is done by the person themselves, as they attempt to train and discipline their mind in accordance with the tenets of their new belief system. It is the belief system itself which is the primary active agent in cult mind control. Cult belief systems differ from conventional belief systems in a number of subtle but significant ways, which may not be apparent to an outsider. To understand the nature of these differences is to understand the nature of a cult.

Hartford Institute [56 clicks] [->Favourites]
Many religious sites on the web deal with what are commonly called "cults." There are many misconceptions about these religious communities and the dynamics of joining and leaving such groups. Several sociologists of religion have very good sites and articles devoted to educating the public about new religious movements. This section contains links to what we consider to be the best of these sites.

Independent Reachout Trust article [56 clicks] [->Favourites]
WHY DO PEOPLE JOIN AND WHY IS IT HARD TO LEAVE? People join usually out of curiosity, and lured by claims to provide methods of Yoga, meditation for peace of mind, and general wellbeing. Why is it difficult to leave? First, it must be said that many do leave quite quickly and easily because it does not fit the 'yoga and candles' type of image they may have expected. There is too much study for many, but a longterm student may find it hard to shake off or replace the belief system - it is very convincing. A student believes that to abandon the system will ensure they are trapped in an eternal repeating life cycle of misery and hardship. All other faiths will have been discredited. Hobbies and general interests may have been lost, relationships may have been lost or badly damaged. The student is likely to feel he/she knows a deep dark truth about the immediate future, but has no one to confide in, or even take them seriously.

Info-Sectes France [46 clicks] [->Favourites]
Information on cults and sects including French government list.
Infosekta Switzerland [50 clicks] [->Favourites]
Support and info on cults and sects in Swiss.
Joy of Sects [60 clicks] [->Favourites]
The earth's spiritual traditions are a rich repository of wisdom, practical advice, and healing knowledge, as well as art, music, and mystery. This site is a place to explore all those dimensions, ask questions, and engage in dialogue.
MIVILUDES - French language government cult watch [46 clicks] [->Favourites]
MIVILUDES (an acronym for the French-language phrase Mission interministérielle de vigilance et de lutte contre les dérives sectaires, i.e. "Interministerial Mission for Monitoring and Combatting Cult Activities") is a controversial French government agency established by presidential decree on 28 November 2002 to monitor religious groups considered to be dangerous cults by the French state. MIVILUDES was set up as the successor to MILS (Mission interministérielle de lutte contre les sectes), which had itself been set up on 7 October 1998 as the successor to the Observatoire
interministériel sur les sectes established on 9 May 1996.

New Cult Awareness Network [52 clicks] [->Favourites]

The New Cult Awareness Network is a mediatory organization. There are two senses in which we fulfill this role: i. We gather useful knowledge and the best sources for help and information to freely distribute to the general public and the media --- in other words, we are the go-between for quality professionals, their research and the public; ii. We are a neutral source of support, compassion and insight standing between conflicting parties --- in this respect, we are similar to professional mediators in the legal \& social spheres (except our services are free). While there are an abundance of self-proclaimed anti-cultists and counter-cultists -organizations as well as individualswith various agendas they try to promote at any cost, our only "agenda" is to help bring people together and keep families, and therefore society strong regardless of religious differences and by any legal, ethical means available to us.

Nity Gritty on Cults. [58 clicks] [->Favourites]
Selfishness is not living as one wishes to live, it is asking others to live as one wishes to live. - Oscar Wilde
Odenwälder Wohnhof [49 clicks] [->Favourites]
The Odenwälder Wohnhof is a home for people who escaped from cults, satanic groups, and psycho groups. People being in trouble can get help in a non-bureaucratic way there. This was made possible as a model project with financial contribution from federal state, country and a private foundation. The Odenwälder Wohnhof had been situated in the middle of the green forest Odenwald between Würzburg, Heilbronn and Heidelberg in a secluded village. In a ten-room house there were six to seven beds ready for emergency cases. Unfortunately, cuts in government funding forced the organization to give up the house. It now houses clients in an apartment. [ English site : http://members.tripod.com/wohnhof/odene/indexe.htm ]

Preven Sectes [44 clicks] [->Favourites]
Prevent sectes - French
reFOCUS [58 clicks] [->Favourites]
reFOCUS is a support and referral network for people who seek healing from adverse affects they're experiencing due to their involvement with a totalist or extremely controlling organization or relationship. Good resource of books and expertise.

Religion News [57 clicks] [->Favourites]
Religion news about religious cults, sects, world religions, and related issues
Religion News Blog [0 clicks] [->Favourites]
Religion News Blog (RNB) provides religion researchers with expert-selected news items about world religions, religious movements, cults, sects, and related issues.

Religious Movements Homepage at the University of Virginia [51 clicks] [>Favourites]

This site was originally identified as the New Religious Movements Homepage, but the concept "new" has always been interpreted rather broadly. At some point, every religion was new. There are no exceptions. And every vital religion is more or less constantly experiencing movement from within and pressures from the outside to change and adapt. Thus, movement activity is ubiquitous to all religions, and the concept religious movement is central to scholarly inquiry about religion. While the focus of this site is on "new" religions, our concern with the processes of change and development leads us to an examination of groups that are older than the major Western monotheistic traditions, and some that are so new that they have few members and appear to exist primarily as web sites. We also explore groups that are not really religions, but have characteristics that are very much like religions. Scholars typically identify them as quasi-religions, or para-religious organizations.
Religious Tolerance [59 clicks] [->Favourites]
Religious tolerance means to extend religious freedom to people of all religious traditions, even though you may disagree with their beliefs and/or practices.

Rick A. Ross Institute of New Jersey [53 clicks] [->Favourites]
A database of information about cults, destructive cults, controversial groups and
movements. The Rick A. Ross Institute of New Jersey (RRI) is a nonprofit public resource with a vast archive that contains thousands of individual documents. RRI online files include news stories, research papers, reports, court documents, book excerpts, personal testimonies and hundreds of links to additional relevant resources. This database is well-organized for easy access and reference.
Sex, Drugs \& Cults. An evolutionary psychology perspective [41 clicks] [> Favourites]

Sex, Drugs, and Cults. An evolutionary psychology perspective on why and how cult memes get a drug-like hold on people, and what might be done to mitigate the effects by H. Keith Henson

Spiritual Competency Resource Center [3 clicks] [->Favourites]
The Spiritual Competency Resource Center provides access to online resources that enhance the cultural sensitivity of mental health professionals. Spirituality is now accepted as an important component of cultural competence for mental health professionals.
Stripping the Gurus [60 clicks] [->Favourites]
Armed with wit, insight, and truly astonishing research, Geoffrey Falk utterly demolishes the notion of the enlightened guru who can lead devotees to nirvana. This entertaining and yet deadly serious book should be read by everyone pursuing or thinking of pursuing the path of guru devotion.

The Anti-Cult Movement (ACM) [54 clicks] [->Favourites]
The Anti-Cult Movement (ACM) consists of individuals and groups who attempt to raise public consciousness about what they feel are extreme danger. As they see it, the threat comes from small, coercive, manipulative groups - mostly new religious movements. Although they have been largely discredited in North America, their beliefs are accepted in many other countries, notably China and some countries in Western Europe.

The Cult Hotline \& Clinic [57 clicks] [->Favourites]
The Cult Hotline \& Clinic was founded in 1980 to serve families and friends of cult members, former cult members, and to educate community groups most at risk of interaction with cults. We are a nonprofit, non-sectarian counseling and education organization working with people of all religious, ethnic, and racial backgrounds. The Cult Hotline \& Clinic is a program of the Jewish Board of Family and Children's Services, one of the nation's largest and most respected nonprofit mental health and social service agencies. JBFCS serves over 65,000 New Yorkers annually from all religious, ethnic, and economic backgrounds through a comprehensive range of 185 communitybased programs, residential facilities, and day-treatment centers.
The Culture of Cults [4 clicks] [->Favourites]
Cult belief systems differ from conventional belief systems in a number of subtle but significant ways, which may not be apparent to an outsider. To understand the nature of these differences is to understand the nature of a cult.
The Reliability of Apostate Testimony [49 clicks] [->Favourites]
The above analysis clearly shows that while there is a certain incidence of apostasy in new religious movements, the overwhelming majority of people who disengage themselves from these non-conforming religions harbor no lasting ill-will toward their past religious associations and activities. While they frankly acknowledge the ways their religious needs and hopes were disappointed, they were able to realize some positive meaning and value from their past experiences. By contrast, there is a much smaller number of apostates who are deeply invested in discrediting if not destroying the religious communities that once claimed their loyalties. In most cases, these apostates were either forcibly separated from their religious community through the intervention of family members and anti-cult groups, or soon came under the influence of anti-cult groups and literature after their own voluntary defection from a new religious group.

The Religious Movements Homepage Project, Uni. of Virginia [56 clicks] [-
>Favourites]
On this extensive Web site you will find detailed profiles of more than two hundred different religious groups and movements. Some of them may be very familiar to you, others not. In addition, there are other valuable resources, including information on "cult" controversies, essays by respected scholars, and teaching resources on which interested visitors are invited to draw.

Thought Reform and the Psychology of Totalism [67 clicks] [->Favourites]
The Demand for Purity In the thought reform milieu, as in all situations of ideological totalism, the experiential world is sharply divided into the pure and the impure, into the absolutely good and the absolutely evil. The good and the pure are of course those ideas, feelings, and actions which are consistent with the totalist ideology and policy; anything else is apt to be relegated to the bad and the impure. Nothing human is immune from the flood of stern moral judgments. All "taints" and "poisons" which contribute to the existing state of impurity must be searched out and eliminated. By Robert Jay Lifton, M.D.

Triumphing Over London Cults [52 clicks] [->Favourites]
Education and Counselling on Cults.
WESTERN PSYCHIATRISTS APOLOGIZE TO HINDU PEERS [62 clicks] [>Favourites]

A web archive of a news story regarding the controversial interpretation and condemnation as cults of the American Psychiatric Association towards general Hindu beliefs.

WHAT TO DO IF A FRIEND OR LOVED-ONE JOINS A CULT [51 clicks] [$>$ Favourites]

This material is a summary of personal conversations with three exit-counsellors. It is a FAQ in that it answers a question that myself and many openly anti-cult people are frequently asked: "I am worried about a work colleague/friend/parent/child who is showing interest/deeply involved in an organisation which I think is a cult. What can I do?" Some of the advice here is relevant to dissuading someone who is just becoming involved. Some of it is relevant if you know someone who is deeply involved. Mostly, the focus is on gentle dissuasion: when someone is involved very deeply with a cult, there is no substitute for an experienced exit-counsellor.


The traditional Gita not BK version
Blissful Music [53 clicks] [->Favourites]
Blissful are BK Lucinda Drayton and BK Andrew Blissett. Both have been practicing BK Raja Yogis for more than 10 years and are fairly unique to a degree that they make a living out of selling BK knowledge based work.
Discovery of New World - Vishnu Party [51 clicks] [->Favourites]
BK/PBK breakaway group Vishnu Party
Sex Is Not Compulsory [35 clicks] [->Favourites]
Extracts from " Sex Is Not Compulsory " by Liz Hodgkinson. Sphere Books, London

1988 It has been said that there is nothing so powerful as an idea whose time has come, and it seems that celibacy is now due for a reappraisal in a positive light. We are becoming sated with sex, which screams at us from all the media, and are ready to think about relating to people in a different way, which may be non-physical. Celibacy, of course, is not in itself a novel idea. It has an ancient and honourable tradition, and in most societies up until our present times has been held in higher regard than sexual activity, as something people could aspire to. Celibacy was seen in the past as conferring special powers and wisdom on its adherents.

Society for Organizational Learning [37 clicks] [->Favourites]
Dr. Peter M. Senge is the founding chairperson of SoL and a senior lecturer at the Massachusetts Institute of Technology. Dr. Senge is the author of The Fifth Discipline: the Art and Practice of the Learning Organization. He has lectured extensively throughout the world, translating the abstract ideas of systems theory into tools for better understanding of economic and organizational change. He has worked with leaders in business, education, health care and government. The Journal of Business Strategy (September/October 1999) named Dr. Senge as one of the 24 people who had the greatest influence on business strategy over the last 100 years. Lectures with Brian Bacon and Senior Sisters

Vishnu Party [34 clicks] [->Favourites]
BK breakaway group

## Articles on BK

A Spiritual Journey - Christopher Snedden [40 clicks] [->Favourites]
'My' ashram - we are all very possessive of 'our' former organisation - was the Brahma Kumaris (the Daughters of Brahma, or BKs), a group led by Indian women (sisters). Men (brothers) do play roles - indeed the founder (Dada Lekhraj, later Brahma Baba) was a man - but the upper echelons comprise women. Possibly once a misogynist, Brahma Baba did this consciously to promote womanhood in India. Now based in Mt. Abu, Rajasthan, the BKs began in Hyderabad, Sind, and moved to Mt. Abu in the early 1950s. The organisation arrived in Australia in the late 1970s when a Gujarati sister established a small centre in Sydney.

Ball of Dirt travelogue [34 clicks] [->Favourites]
One of their beliefs is that before the world gets better, it has to get worse. Whether it be natural disasters and/or a nuclear war, the world has to go through bad times before the 'Golden Age', where there is love, peace and everyone can live in harmony with each other. The stage of life after this one will be the Golden Age. Everyone at this university dresses completely in white. They're not a sect or a cult, just people doing meditation and slowly working towards a peaceful and happy life. Being here makes me feel like I'm in a sci-fi movie, where I'm among all these enlightened beings. People here are very friendly and accepting. It's funny, cuz we came from Australia to learn meditation and our meditation teacher is actually an Australian lady named Margaret, who has been doing raja yoga for over 22 years.

Islamic Voice on BKWSU. Does Islam Permit Meditation? [23 clicks] [>Favourites]

It is the third stage of meditation that is dangerous. The meditator is brainwashed into believing in the philosophy of the Guru leading him in the meditation. Nowhere is this transformation phenomenon more visible than in Brahmakumari Ashrams who teach meditations, they call Rajyoga. In their meditations, the subject is asked to concentrate on a small red bulb ahead. In the background above is a picture or sketch of Brahmakumari founder Baba Lekhraj referred to as Brahma Baba in their vocabulary. This sketch also resides in the subconscious of the person in trance. There are scientifically designed lighting effects and after a while the whispering suggestions of Didi (the teacher at the Ashram is a lady called Didi) reverberate in the mind of the person in meditation. He listens and takes to the suggestions gradually. Then he is asked and taught to repeat those ideas and suggestions of Brahmakumari faith himself over and over again, while meditating. This is the process of self-hypnosis and
autosuggestion. True it gives peace of mind and consequently heals many a disease but I have met scientists and engineers at Brahmakumari centers who start believing absurdities like the life cycle of the world is 5000 years and same events repeat after every 5000 years with same persons. Even the doctors among them start believing that in Kaliyuga (after about 30 years hence, according to them) the conceptions in the wombs will be possible by Yoga-Bal (the power of meditation) and the conjugal relationship or male sperms will no more be needed for childbirth.

Kundaliniyoga Tribe [25 clicks] [->Favourites]
Brahma Kumaris... topic posted Tue, June 27, 2006-1:55 PM by Shekinah Advertisement Does anyone have any experience with them? A very good friend of mine and mentor when I was a teenager (and reiki teacher) is now a Brahma Kumaris. They teach their own version of Raja Yoga (meditation) and run a worldwide spiritual education school. On the outside they seem to be a great group doing wonderful things (and they do) however, my instincts have picked up on some things about them, that have irked me, such as their sense of celibate superiority (they beleive sex is bad, and impure/not innocent) and altho primarily matriarchal in power structure, are patriarchal in their main beleif in deity (altho they claim otherwise...but God is always referred to in the masculine, as God, or Father etc...never Goddess...rarely mother ...tho they may say *mother aspect* or something like that) When I asked them questions on their sex-beliefs they ignored me....same thing when I asked them about their separated mens and womens circles in reference to their belief that the soul is genderless.....I had asked if they would allow a transgender/gender variant person to attend either of the bi-gendered groups...the local SF group said then ones born male should attend the male group...the MAIN organization said they could go to whatever group they felt most inclined towards...) Interesting.... Anyone have an experience with them?
Spirit of Change on Dadi Janki [25 clicks] [->Favourites]
A Brief Life History Born in 1916 to a philanthropic family of very high moral and religious standing, one of Dadi Janki's earliest memories is of chanting the name of God as she was rocked in her cradle. Her whole childhood reflects a deep love for God, as well as an unswerving desire to serve humanity. From the start, Dadi's parents were determined to raise her in an atmosphere free of materialism. For the first 10 years of her life, Dadi's education was through a private tutor and based solely on the study of religious scriptures. Dadi's formal education - the study of basic learning skills began only afterwards, when she spent a scant three years attending public school before going, at her insistence and with her parents' blessings, on an extended tour of India's many holy sites. She was 14 years old. Travelling with her father, Dadi met with all the foremost gurus, sages and saints of the day. She approached them all with the same query, "Who is God? Where is He? How can I find Him? How can I experience Him?" This intense search for God was relieved only by her intense devotion to charity. Even as a young child, Dadi was always going out to serve to the poor and needy in surrounding villages. Dadi was 19 years old when she met Brahma Baba, the founder of the Brahma Kumaris World Spiritual University. She describes that first encounter as a "recognition." At first sight, Dadi simply "knew" that here was the instrument of the Divine that she had been seeking. She not only heard the truth from this man but she says she saw in his behavior and felt in his presence the source of truth itself. A few years later, Dadi herself became part of the Brahma Kumaris institution, surrendering her life to God.

State of Hinduism today [29 clicks] [->Favourites]
"BKWSU is less controversial than many other NRMs but has been criticized for its evangelical activity under the guise of social work, and for the damaging effects of celibacy upon family life."
Surviving transplantation PDF [47 clicks] [->Favourites]
PDF download
The Brahma Kumaris as a 'reflexive Tradition': [21 clicks] [->Favourites]
Raja Yoga was reinterpreted and a milieu of reinterpretation came into being, to 'suit a world affirming cultic milieu (elaboration), such as the ongoing globalisation, New Age-ification and instrumentalisation of the original, world-rejecting theodicy. As a
movement the Brahma Kumaris predate the New Age movement, but over the years the Brahma Kumaris have developed characteristics that link them to New Age thinking proper. Walliss points out in chapter III 'From World-Rejection to Ambivalence: A Genealogy of the Brahma Kumaris', how the Brahma Kumaris developed and got their recent characteristics which, in his view, legitimise the choice to designate them as 'reflexive'. The author gets it wrong next but then he is only an academic. "The Brahma Kumaris were founded by Dad Lekhraj, who is considered by members to be 'the incarnation and descent of God, the World Father, into the corporeal world' (p. 33). He was born at Sindh in 1876 as a member of the Kripani family, the members of which usually were devotees of the Vallabhasampradaya."
Victoria Mary Clarke on meeting Dadi Janki [33 clicks] [->Favourites]
Dadi Janki is eighty eight. She's old, she's unmarried and doesn't have any kids. Apart from this, she's penniless, she's short, she doesn't speak English and to cap it all, she has a full moustache. Not simply a few stray hairs in that area, (as many of us have), -hairs that could be bleached,- but a full, black moustache. Undisguisable. In the normal run of things, Dadi Janki would be at the bottom of the ladder of status in our society. Given a choice, who wouldn't rather be young and beautiful than old and grey? In a world where youth and beauty are prized above all other things, most of us (male and female) will definitely dye our hair and will probably give in to Botox. So the very fact that Dadi has the audacity to sit here and be photographed for a newspaper without having made any effort to look glamorous must make her either senile and a bit touched, or totally eccentric.
Virus Myth [59 clicks] [->Favourites]
Critique of high profile $B K$ journalist Neville Hodgkinson.
XBKchat photos [132 clicks] [->Favourites]
These are photos submitted by members of XBKchat, which is a website for former members of the Brahma Kumaris. The website address for XBKchat is www.xbkchat.com Enjoy!

## Known BK Supporters

BK Supporter Gina Lazenby [28 clicks] [->Favourites]
This web-site is designed to support you in making your own changes and is based upon material in The Healthy Home book. Click here to order your signed copy of the book today. Copies of The Healthy House (USA Edition) can be obtained by clicking on Recommended Reading and then Books from USA. We look forward to receiving your views and comments on the site and on your experiences in developing your own healthy home. If you would like to find out about more about the healing power of silence then I encourage you to check out an incredible organisation called the Brahma Kumaris which runs the World Spiritual University. It's a global, women-led spiritual organisation with over 7000 centres in over 90 countries. As a multi-faith education network they teach people of any religion spiritual knowledge helping them to discover inner peace and joy in an increasingly stressful and peaceless world. This year the BKs celebrate 70 years of work and are launching a worldwide campaign called just-aminute ( $j-\mathrm{a}-\mathrm{m}$ ) "a dynamic new campaign to create personal peace in an everincreasing global climate of chaos and change". It's an initiative to show people the power of having regular one minute periods of silence throughout the day. Watch a delightful animated movie www.just-a-minute.org/movie.html then go to the website homepage to book a place for the huge, free event on September 17th that the BKs are staging at Wembley Arena, London. 12,000 people together for a global link-up with millions to celebrate the power of silence. See you there! Gina

BK supporter PR Guru Lynne Franks - Seed Network [24 clicks] [->Favourites] SEED is the recognised authority on the feminine way to do business. Through learning programmes, support network, events and unique tools, SEED enables women to live and work according to the feminine principles of community, connection and collaboration. Founded by Guru Lynne Franks, famously characterised by Jennifer Saunders as Edina in cult sitcom Absolutely Fabulous, SEED is based on her
international best-seller, The SEED Handbook, the feminine way to create business.
BKIS / Mike George Learn Meditation Website [48 clicks] [->Favourites]
The purpose of this website is to introduce you to two new resources for learning meditation - the book and the CD entitled In the Light of Meditation. The art of meditation is as old as recorded history. Meditation has been at the heart of living wisely, happily and harmoniously in many cultures for thousands of years. Today, it is like a lost art that is being rediscovered by many but practiced only by a few. In this now small, speedy and often superficial world it is no surprise that levels of personal stress and interpersonal conflict are on the rise. Perhaps this is why meditation has been making a comeback during these last two decades, as more of us seek ways to relax, rediscover the natural rhythms of life and, through the pursuit of enlightenment, try to understand both ourselves and our place in this world. The purpose of this new book and the accompanying CD is to introduce you to a new 10 lesson course in meditation. It is a course from which you can learn and practice meditation in your own time and at your own pace. It is a method of meditation that is currently practised each day by nearly half a million people world wide.

Blissful Music [53 clicks] [->Favourites]
Blissful are BK Lucinda Drayton and BK Andrew Blissett. Both have been practicing BK Raja Yogis for more than 10 years and are fairly unique to a degree that they make a living out of selling BK knowledge based work.
British Holistic Medical Association [37 clicks] [->Favourites]
The BHMA was formed in 1983 by a group of medical doctors and students as an organisation for professionals and members of the public who wanted to adopt a more holistic approach in their own life and work. Twenty years on, the Association is just as determined to play a major role in ensuring that a whole person approach is central to the effective practice of healthcare. To achieve our core purpose, the Association will reach out to decision makers and those working in healthcare to demonstrate the added value that holistic practice brings to patients and practitioners alike. Through a significant nationwide membership of influential and like-minded individuals there is no doubt that the BHMA can help to shape the future of healthcare in the UK. We have, therefore, developed a programme of activity that is designed to enable the dissemination of information, and to create opportunities for people with an interest in whole person care to share their experiences and ideas. Trustee BK Dr Sarah Eagger.
Call of the time [29 clicks] [->Favourites]
A Judy Rodger's project including "Dadis' Wisdom". The Call-of-the-Time Dialogue Series is a living dialogue taking place on all continents, among people of all generations and from many different walks of life. We are scientists and artists, social activists and civil servants, business people and spiritual people, economists and environmentalists. What we have in common is that each of us is somewhere on the field of world service and each of us believes that a spiritual dimension must be central to any serious consideration of world transformation.

Calm and Creative [25 clicks] [->Favourites]
Carmen Warrington has been studying the art of meditation since 1984, through the Brahma Kumaris, and has developed her unique and subtle art of transporting audiences to a higher plane of consciousness. She has released a dozen meditation CDs and cassettes for the Brahma Kumaris. As a meditation guide she has helped millions of people throughout the world find inner peace and power. She frequently conducts guided meditations at public events.
Cycle of Time - BK Simone Boger [47 clicks] [->Favourites]
BK usual suspect such as Janki Kirpalani and Neville Hodgkins amongst luminaries such as James Lovelock.

David Jones Drums [14 clicks] [->Favourites]
Australia percussionist and BK David Jones. Performs at many BKWSU public events.

Desktop Meditation [38 clicks] [->Favourites]

Graham and Julie's unbranded Raja Yoga meditation lessons. "Think of yourself as a soul. I, this soul am a very tiny point", etc.
In the Light of Meditation [29 clicks] [->Favourites]
Mike George has been practicing and teaching meditation for over twenty years. Within his commercial work he is a tutor, trainer and coach for companies and corporations worldwide in the field of management and leadership development. In his non-commercial community service capacity, he is a teacher of meditation and spiritual intelligence, and a retreat leader for the Brahma Kumaris World Spiritual University. As a best selling author his other books include Discover Inner Peace, Learn to Relax and The 7 AHA!s of Highly Enlightened Souls. He is also the Managing Editor for Heart \& Soul magazine.

Lighthouse Studio [15 clicks] [->Favourites]
BK Sound studio used by Bliss, Mike George, Relax Kids, BKIS and other BKs and BK supporters. "Light House" is a term often used by ShivBaba.

Mark Windows [24 clicks] [->Favourites]
Actor, Film maker and Mick Jagger impersonator.
Peace Pulse [24 clicks] [->Favourites]
PeacePulse is inspired by, supports and builds on just-a-minute - taking a minute of silence to take Pressure Off and turn personal Power On. Our vision for PeacePulse is of millions of people with different beliefs, mindsets and attitudes choosing to share silence, hourly, around the world.

Relax Kids [39 clicks] [->Favourites]
Here are some positive affirmations to use with you child. I am a Super Star I am a Special Star I am a Clever Star I am a Loving Star I am a Peaceful Star. BKWSU, Global Retreat, Living Values and Mike George makes for 4 BK links. Relax7 and Bliss co-promoted BK businesses.

Relax7 - Don't get mad, get wise [40 clicks] [->Favourites]
Website of BK Mike George, sold as being a spiritual teacher, author and motivational speaker. "Mike George is a best selling author, management tutor and motivational speaker who, for the past twenty four years, has been coaching, guiding and facilitating the personal and executive development of people in companies, corporations and communities in over 30 countries. He is founder of The Relaxation Centre and Director of the Spiritual Intelligence Unit. " Mike has teaching Raja Yoga for 24 year and is a high profile BK who has great influence is rebranding the BKWSU.
Royal College of Pscychiatry Spiritualist Interest Group [36 clicks] [>Favourites]

The Special Interest Group was set up in 1999 to provide a forum for psychiatrists to explore the influence of the major religions, which shape the cultural values and aspirations of psychiatrist and patient alike. The spiritual aspirations of persons not identifying with any one particular faith are held to be of no less importance, as well as the viewpoint of those who hold that spirituality is independent of religion. The meetings are designed to enable colleagues to investigate and share without fear of censure the relevance of spirituality to clinical practice. The Special Interest Group aims to contribute a framework of ideas of general interest to the College, stimulating discussion and promoting an integrative approach to mental health care. For patients, there is the need to help the service user feel supported in being able to bring spiritual concerns to the fore.

Seminars and retreats organised by BK Mike George [39 clicks] [->Favourites]
Commercial seminars and retreats based on a lightweight version version of Raja Yoga mixed with New Age and motivational concepts.

Society for Organizational Learning [37 clicks] [->Favourites]
Dr. Peter M. Senge is the founding chairperson of SoL and a senior lecturer at the Massachusetts Institute of Technology. Dr. Senge is the author of The Fifth Discipline: the Art and Practice of the Learning Organization. He has lectured extensively
throughout the world, translating the abstract ideas of systems theory into tools for better understanding of economic and organizational change. He has worked with leaders in business, education, health care and government. The Journal of Business Strategy (September/October 1999) named Dr. Senge as one of the 24 people who had the greatest influence on business strategy over the last 100 years. Lectures with Brian Bacon and Senior Sisters

Spiritual Intelligence Unit [37 clicks] [->Favourites]
Another BK Mike George connection, e.g. " 4. Connecting : There is a higher source of spiritual power and it is possible to connect with that source and empower oneself. " where Here best selling author Mike George examines deeper psychological reasons behind human behaviour.

Susie Neison-Smith Karyna Center [18 clicks] [->Favourites]
Susie Nelson-Smith
University for Spirit Forum [34 clicks] [->Favourites]
BKWSU Associates (both organisations and individuals) participate fully in the Forum through an annual Round Table, email exchange and working on various task groups.

Academics \& papers

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## Cult Information Bookstore

Founded in 1979, the International Cultic Studies Association (ICSA) is a network of people concerned about cultic, manipulative, and abusive groups. As the leading professional organization in the field, ICSA strives to increase understanding and awareness of such groups and to help people that they harm.

ICSA

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## ICSA's Bookstore provides

Information on cults, cultic groups, authoritarianism, zealotry, psychological manipulation, psychological abuse, spiritual abuse, brainwashing, mind control, thought reform, social-psychological influence and control, abusive churches, extremism, totalistic groups, new religious movements, alternative and mainstream religions, group dynamics, exit counseling, recovery, and practical suggestions for those affected by or interested in these subjects.

## Concerned about a group involvement

We stress to those concerned about a group involvement that each case is unique, and we encourage inquirers to review positive and negative information concerning a particular group and to consider the psychological dynamics of affected individuals.

## Group information

Groups on which we have information may be mainstream or nonmainstream, controversial or noncontroversial, religious or nonreligious, harmful or benign.

ICSA does NOT maintain a list of "bad" groups or "cults"

We suggest that you familiarize yourself with the subtle and important definitional issues in this field by reading the following essays:

- On Using the Term Cult
- The Definitional Ambiguity of "CuIt" and ICSA's Mission


## Bookstore resources

We have a large number of resources in our bookstore. Hence, we have selected items that we think will particularly interest certain categories of inquirers:
categories of inquirers

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